



## PRE-JOURNEY POST TEST

FACILITY: \_\_\_\_\_ NAME (PLEASE PRINT): \_\_\_\_\_

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

Please circle the correct answer (each question is worth 5 points)

1. CMS administers:
  - a. Hospital and clinics
  - b. Medicare and Medicaid Programs
  - c. HMO's and PPO's
  - d. All of the above
  
2. The type of care provided to residents to relieve symptoms; not cure conditions is called:
  - a. Home Health
  - b. Managed Care
  - c. Palliative Care
  - d. None of the above
  
3. What does HIPAA protect?
  - a. Confidentiality of patient records
  - b. Employee health files
  - c. Privacy of resident's conditions
  - d. All of the above
  
4. Which of the following is the nurse staffing model that is based on the severity of the patients' condition?
  - a. OSHA
  - b. OBRA
  - c. ABS
  - d. EEOC
  
5. What was the major role the government took in 1950 regarding nursing homes?
  - a. Licensing of facilities
  - b. Expanding facilities
  - c. Painting the buildings
  - d. Adding running water
  
6. Who were the first occupants of nursing homes?
  - a. Elderly
  - b. Indigent
  - c. Criminals
  - d. All of the above
  
7. Funding for the first training program for geriatric nurse assistants began came from:
  - a. OBRA 1987
  - b. BBA 1997
  - c. Federal Manpower Development Training Act 1964
  - d. None of the above
  
8. The Balance Budget Act of 1997 was responsible for all of the following **except**:
  - a. Reducing the amount of money Medicare paid for nursing homes
  - b. Eliminating Medicare Part C
  - c. Triggering bankruptcy for 4 out of 5 large nursing home chains
  - d. Establishing the prospective payment system
  
9. Our role is to nurture residents:
  - a. Spiritually
  - b. Physically
  - c. Mentally
  - d. All of the above
  
10. Nursing home residents require the most assistance with which activity of daily living:
  - a. Eating
  - b. Toileting
  - c. Dressing
  - d. Bathing

11. The best way to stimulate a resident's mind is:
  - a. Tell them your problems
  - b. Turn on the radio or TV to their favorite show
  - c. Ask them to tell you a story
  - d. Read them a book
  
12. The biggest benefit from the elderly exercising is:
  - a. Saving money on healthcare
  - b. Providing wellness and maximizing independence
  - c. Reducing the C.N.A. workload
  - d. Substituting for skilled therapy
  
13. Our Vision is:
  - a. To be #1 in the industry
  - b. To start a revolution
  - c. To radically change long term care forever
  - d. To be different
  
14. Our Mission includes all of the following **except**:
  - a. Resident centered culture
  - b. Personalized spirituality
  - c. Stakeholder education and empowerment
  - d. Making money
  
15. Our unique business model focuses on:
  - a. Recruiting top talent
  - b. Reducing overtime
  - c. Resident care and outcomes
  - d. Profit and Loss
  
16. Nursing homes should feel like:
  - a. Resort hotels
  - b. Other nursing homes
  - c. Prison
  - d. Home
  
17. To value another's individual diversity, you must:
  - a. Reach beyond stereotypes
  - b. Use the strengths and unique perspectives that each person offers
  - c. Respect each others differences
  - d. All of the above
  
18. Being spirituality based means all of the following **except**:
  - a. Having established moral and ethical standards
  - b. Regularly attending church services
  - c. Being genuine
  - d. Offering unconditional love to one another
  
19. The Chaplain Program promotes interfaith diversity by:
  - a. Respecting each others beliefs or non-beliefs
  - b. Personalizing spirituality
  - c. Offering non-denominational support
  - d. All of the above
  
20. Examples of sensitivity include all of the following **except**:
  - a. Being open to learning about other's cultures
  - b. Respecting each others religious beliefs and customs
  - c. Understanding and acknowledging each others holidays
  - d. Evangelizing your own faith in the facility

Total Score: \_\_\_\_\_